

SARASOTA SPINE SPECIALISTS
Certified American Board of Orthopedic Surgery
MARK B. LONSTEIN, M.D., F.A.A.O.S.
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PERSONAL DATA: Current position: Spine surgery, general orthopedics
Date of Birth: August 12, 1954

Next of kin: Barnett Lonstein (father), Worcester, Massachusetts

FELLOW: American Academy of Orthopaedic Surgeons

CERTIFICATION: Diplomat, American Board of Orthopaedic Surgery, 1990
Recertification American Board of Orthopaedic Surgery 1998
Recertification American Board of Orthopaedic Surgery 2008

EDUCATION: Resident (PGY-2) through (5), Orthopaedic Surgery, the George Washington University Affiliated Hospitals, Washington, D.C., 1983-1987.

Department Head: Dr. John Adams

Resident (PGY-2) General Surgery, University Health Center Hospitals of Pittsburgh, Pittsburgh, Pennsylvania, 1982-1983.
Department Head: Dr. Henry Bahnson

Intern (PGY-1), Internal Medicine, the George Washington University Hospital, Washington, D.C., 1981-1982.
Department Head: Dr. Louise Swanberg

M.D., Baylor College of Medicine, Houston, Texas, 1981.

B.A., magna cum laude (Biology major), Brandeis University, Waltham, Massachusetts, 1977.

Graduated, Doherty Memorial High School, Worcester, Massachusetts, 1972.

FELLOWSHIPS: Combined fellowship, University of Texas Southwestern Medical School/Texas Back Institute, Dallas, Texas, July 1987-June 1988.
Director: Richard Guyer

ACADEMIC APPOINTMENT: Assistant in Orthopaedic Surgery, the George Washington University School of Medicine and Health Sciences, Washington, D.C., 1983-1987.

WORK HISTORY: 1988-1992 Sarasota Orthopedic Associates
1975 Hawthorne Street
Sarasota, Florida 34239

1992-present Sarasota Spine Specialists
DBA: Mark B. Lonstein, M.D.
1921 Waldemere Street, Suite 609
Sarasota, Florida 34239

LICENSES: Florida License Number ME0053529

Certification, Advanced Cardiac Life Support, American Red Cross, 1985; renewed 1987, 1989.

Pfizer Award of Excellence, 2nd prize, for scientific paper Presented at Residents' Night, the Washington Orthopedic Society, Washington, D.C., May, 1985.

PROFESSIONAL ORGANIZATIONS: North American Spine Society
Florida Medical Association
Sarasota County Medical Association

PRESENTATIONS:

“Metabolic Bone Disease of the Spine,” at the Texas Back Institute, Plano, Texas, May, 1988.

“Tumors of the Spine,” at the Texas Back Institute, Plano, Texas, March, 1988.

“Posterior Lumbar Fusion and Instrumentation,” at the Texas Medical Association Annual Meeting, San Antonio, Texas, May, 1988, and at the Research Forum, University of Texas Southwestern Medical School, Department of orthopaedics, June, 1988.

“Cervical Disc Disease,” at the Texas Back Institute, Plano, Texas, October, 1987.

“Spinal Stenosis,” at Orthopaedic Grand Rounds, GWUMC, October, 1986.

“The Diagnosis, Treatment, and Management of Unicameral Bone Cysts by Percutaneous Aspiration, Hemodynamic Evaluation and Intracavitary Methylprednisilone Acetate,” (co-writer Martin M. Malawer), at the American Orthopedic Association’s 19th Annual Residents’ Conference, Los Angeles, California, May, 1986.

“The Diagnosis and Management of Neurofibrosarcoma Arising in Association with Von Recklinghausen’s Disease: Recent Experience,” (co-writer Martin M. Malawer), at American Orthopedic Association’s 18th Annual Resident’s Conference, New Orleans, Louisiana, May, 1985; at Washington Orthopaedic Society Residents’ Night, Washington, D.C., May 1985; at American Academy of Orthopaedic Surgeons’ 53rd Annual Meeting, New Orleans, Louisiana, February, 1986 and orthopaedic Grand Rounds, GWUMC, Washington, D.C., May 1986.

“Orthopaedic manifestations of Von Recklinghausen’s Disease,” at Orthopaedic Grand Rounds, The George Washington University Medical Center, Washington, D.C., May, 1985 and at Grand Rounds of Washington (GROW), GWUMC, November, 1986.

“Mycobacterial Infections of Bone,” at the Department of Orthopaedic Surgery, the Washington Hospital Center, Washington, D.C., December, 1983.

INVITED LECTURES / PRESENTATIONS

1. Anterior Cervical Fusion with Envision Anterior Cervical Plate
Ortho Development Corporation, Las Vegas, Nevada August 2003
2. Lumbar Fusion with Mirage Polyaxial Pedicle Screw System
North American Spine Society Annual Meeting, Philadelphia, October 2005

PUBLICATIONS:

Lonstein, M.D., and Wiesel, S.W.: "Lumbar Spinal Stenosis", chapter in Disorders of the Lumbar Spine, ed., Y. Floman. London: Freund Publishing House, Ltd. (Aspen Publishers), 1990.

Lonstein, M.D., and Wiesel, S.W.: "Standardized Approaches to the Evaluation and Treatment of Industrial Low Back Pain", in Occupational Medicine, State of the Art Reviews, Vol. 3, No. 1, ed. R.A. Deyo. Philadelphia: Hanley and Belfus, January, 1988.

Lonstein, M.D., and Wiesel, S.W.: "Standardized Approaches to the Evaluation and Treatment of Industrial Low Back Pain", in Spine-State of the Art Reviews, Vol. 2, No. 1, ed. R.A. Deyo. Philadelphia: Hanley and Belfus, 1988.

Lonstein, M.D., and Hochschuler, S.H.: "Differential Diagnosis of Lumbar Disc Disease", in Spine-State of the Art Reviews, ed. R.D. Guyer. Philadelphia: Hanley and Belfus, 1991.

Lonstein, M.B.: "Discussion of Back Pain", in Suncoast Health, August, 1991.

Lonstein, M.B.: "Aging and Back Pain", in Suncoast Health, July, 1992.

CME COURSES

- 1990 Orthopedic Pathology Review Course
- 1990 Microsurgery of the Lumbar and Cervical Spine
- 1990 Orthopedic Self Assessment Exam
- 1990 AAOS Issues in Spinal Disease, Cambridge, MA
- 1991 KTP 532 Laser Disc Decompression Workshop
- 1991 Musculoskeletal Trauma Self Assessment Exam AAOS
- 1991 Risk Management/AIDS Update
- 1991 Arthroscopic Microdiscectomy, Philadelphia, PA
- 1992 American Academy Orthopedic Surgeons, Washington, D.C.
- 1992 The Shoulder AAOLS, Orlando, FL
- 1992 Adult Spine Self Assessment Exam AAOS
- 1992 Sports Medicine Self Assessment Exam AAOS
- 1992 Pediatric Orthopedic Self Assessment Exam AAOS
- 1992 Adult Reconstructive Self Assessment Exam AAOS
- 1992-3 Board of Medicine Voluntary Expert Witness Program
- 1992 AAOS Current & Controversial problems for the Spine Surgeon
- 1993 Physician Update HIV/AIDS
- 1993 Orthopedic Self Assessment Exam AAOS
- 1994 Sarasota Memorial Hospital AIDS/HIV Update Program

- 1994 Risk Management/HIV/AIDS Update, Sarasota Memorial Hospital
- 1994-5 Florida Board of Medicine Voluntary Expert Witness Program
- 1995 AAOS Annual Meeting, Orlando, FL
- 1995-6 Physician Update: Risk Management and HIV/AIDS
- 1995-6 Physician Update: Domestic Violence
- 1996 Spinal Endoscopy-Sarasota Memorial Hospital
- 1996 Interbody Fusion Procedures of the Lumbar Spine, Orlando, FL
- 1997 Holmium Yag Laser for Percutaneous Laser Discectomy
- 1997 Ray Threaded Fusion Cage Workshop
- 1997 Managed Care Conference, Sarasota, FL
- 1997 Adult Spine Self Assessment Exam AAOS
- 1997 Musculoskeletal Trauma Self Assessment Exam AAOS
- 1997 Foot and Ankle Self Assessment Exam AAOS
- 1998 Update for the Physician: Domestic Violence and HIV/AIDS
- 1998 Sports Medicine Self Assessment Exam
- 1999 Domestic Violence
- 1999 Comprehensive Management of HIV Disease
- 1999 Musculoskeletal Tumors and Disease Exam AAOS
- 1999 Shoulder and Elbow Examination AAOS
- 1999 Anatomy-Imaging Exam

- 1999 Intradiscal Electro Thermal Therapy Lumbar Disc, Tampa, FL
- 1999 AAOS Spine Meeting continuing medical education
- 2000 AAOS Spine Meeting, Dallas, TX
- 2000 AAOS Spine Meeting continuing medical education
- 2001 Blood Management Complications
- 2001 North American Spine Meeting, Seattle, WA
- 2001 PSS Blood Management In Orthopedic Surgery
- 2002 AAOS Annual Meeting, Dallas, TX
- 2002 NASS Spine Meeting, Seattle, Washington
- 2003 PSS Blood Management In Orthopedic Surgery
- 2003 Domestic Violence
- 2003 Prevention Medical Errors
- 2002 69th American Academy of Orthopedic Surgeons meeting, Dallas, Texas
- 2002 National Academy of Spine Surgeons Meeting, Chicago, Illinois
- 2003 Sarasota Memorial Hospital Domestic Violence
- 2003 Sarasota Memorial Hospital Prevention of Medical Errors
- 2004 AAOS Spine Meeting, Dallas, TX
- 2004 American Academy of Orthopedic Surgeons meeting, Chicago, Illinois
- 2004 Surgical Pain Management
- 2004 Managing Spinal Disorders: Role of Interbody Fusion Technologies

- 2004 AAOS 71st Annual Meeting, San Francisco, CA
- 2004 Chronic Kidney Disease
- 2004 Rotating Platform: Total Knee Arthroplasty
- 2005 Orthopedic Self-Assessment Examination
- 2005 Charite Artificial Disc
- 2005 Patient Safety and Reducing Medical Errors
- 2005 North American Spine Society Meeting, Philadelphia, PA
- 2005 Sarasota Memorial Hospital HIV/AIDS Update
- 2005 American Academy of Orthopedic Surgeons, Washington D.C.
- 2006 AAOS Meeting continuing medical education
- 2006 AAOS Adult Spine Examination
- 2006 AAOS Musculoskeletal Trauma Examination
- 2006 Domestic Violence
- 2006 AAOS Foot and Ankle Examination
- 2006 North American Spine Society Annual Meeting
- 2007 Cervical Arthroplasty
- 2007 Patient Safety-Medical Errors
- 2008 Loss Prevention for Today's Physician
- 2008 Patient Safety Medical Errors
- 2008 AAOS 75th Annual Meeting, San Francisco, CA